

## BLACK FOREST MAGAZIN

ADV FNTURES IN THE NORTHERN BLACK FOREST





An unforgettable vacation in the Northern Black Forest

- **O4** Forest and water magic

  The forest as a magical and unique place
- **08** Cool down and take a deep breath
- **10** What Paracelsus already knew:
  Physician & natural philosopher Paracelsus already stated in 1526 that thermal springs are good for you
- **12** Lots of new things in the East:

  The Ostweg anyone who walks it will be amazed at its enormous diversity.
- **16** WanderWelten Teinachtal: Hiking in the Teinach Valley
- **18** Adventurous Spirit

  Looking for adventures in the Northern Black Forest?

**22** Our Highlights

of the Northern Black Forest at a glance

- **24** Jule following in the footsteps of the shepherds
- **26** Cycle and enjoy For landscape lovers
- **29** 3 brothers, 2 hotels, 1 vision
  Oscars Hotel 1415 the new hotel in Bad Liebenzell
- **30** Cozy, modern country inn run with heart and soul
- **32 Village vacation**Village vacation between blueberries and chickens
- 35 Imprint
  Who is behind it?

### EDITORIAL



DEAR GUESTS AND READERS, WE ARE DELIGHTED THAT YOU ARE HOLDING OUR MAGAZINE IN YOUR HANDS!



In our beautiful nature in the Northern Black Forest, we take you away from your everyday stress and offer you relaxing days in Germany's largest nature park, the Black Forest Central North. Over 50,000 hectares of forest are there for relaxation. Guided by the trail marks on over 1,400 kilometers, you can hike your own individual tour or hike one of our designated quality trails. While breathing in the forest, you experience a delightful boost to your well-being.

**The Black Forest symbolizes authenticity and sincerity**, embodying individuals who dedicate themselves wholeheartedly to their work with joy and passion. Your hosts will skillfully create lasting moments of joy for you. Explore a range of hosts on our website under Accommodation, offering everything from vacation apartments and homes to luxurious 4-star wellness hotels. Alternatively, are you enticed by the idea of staying in a treehouse?

**Are you aware that the Black Forest offers attractions throughout the year?** Encounter the rejuvenation of nature during a spring hike, indulge in Black Forest experiences like the treetop walk, Wildline, or Him-

melsglück in the summer, and savor special mushroom and game dishes in the vibrant autumn when the Indian summer unfolds its colorful diversity. As the year concludes, particularly in winter, submerge yourself in our delightful thermal spas such as the Paracelsus Therme or the Palais Thermal.

**Since 2016**, we have proudly embraced sustainability as a core aspect of our destination, prioritizing the protection and respect for nature in all our endeavors. As part of the Bewusst Wild initiative, we align ourselves with efforts to raise awareness among forest visitors about the natural forest environment and promote specific guidelines for responsible conduct. In conclusion, we kindly request your adherence to these guidelines, enabling you to fully appreciate and enjoy the wonders of nature.

### Wishing you an unforgettable vacation **Corinna David**

Head of Marketing and Deputy Managing Director of Tourismus GmbH Nördlicher Schwarzwald

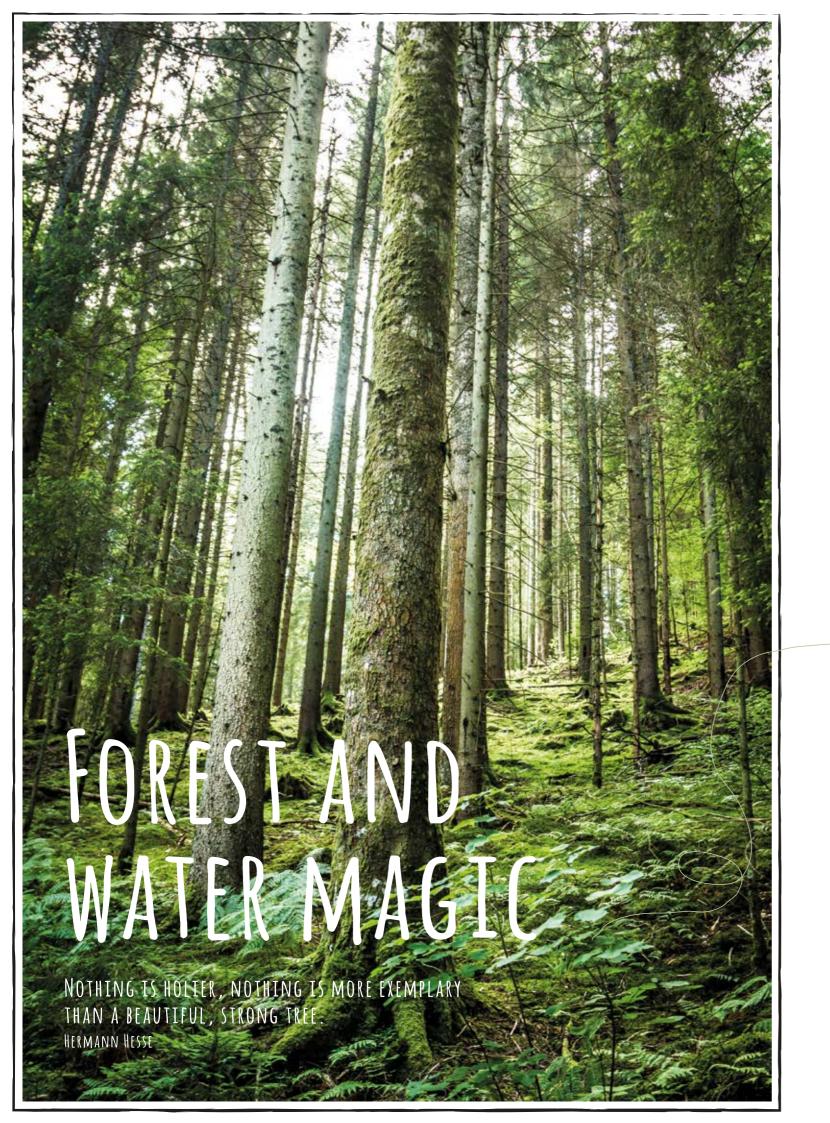
### YOUR TEAM AT TOURISMUS GMBH NÖRDLICHER SCHWARZWALD



**Jennifer Neubauer** – Internal marketing **Karoline Kohl** – Social Media and Projects **René Skiba** – Managing Director Corinna David – Marketing & Presse Vanessa Lotz – Outdoor



contents editorial 3



### WE BLACK FORESTERS SHARE A LOVE OF NATURE.



For us, the forest is a magical and unique place where we love to spend our time. It gives us peace and serenity as well as health. Additionally, it plays a vital role in climate regulation. We consider ourselves fortunate to have this incredible treasure right at our doorstep, and we express deep gratitude for it. The springs and moors of the Black Forest serve as CO<sup>2</sup> reservoirs and provide a habitat for diverse wildlife and plant species. The water from these natural sources flows into the thermal baths of our region, offering us moments of relaxation.

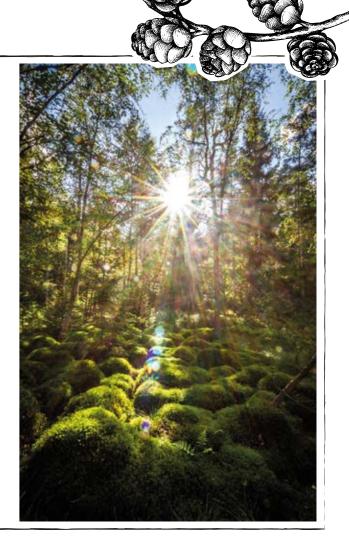
### THE FOREST - FACTS & FIGURES

The Northern Black Forest stands out with an impressive 63% FOREST COVERAGE, well surpassing the average for Baden-Württemberg, which stands at 38%.

The forest landscape is predominantly composed of spruce, fir, pine, and beech trees, with coniferous WOOD ACCOUNTING FOR ABOUT 83% of the total. In recent years, there has been a consistent increase in the proportion of hardwood.

Almost 10% of our total forest area is under SPECIAL PROTECTION.

We are PART OF THE LARGEST NATURE PARK in Germany, the Central / Northern Black Forest Nature Park. The first wildlife sanctuary in Baden-Württemberg is located on the Sommerberg in Bad Wildbad.





# COOL DOWN AND TAKE A DEEP BREATH



GURGLING STREAMS AND A REFRESHING BREEZE:
AMIDST CLIMATE CHANGE AND INTENSE
HEATWAVES, THE NOTION OF A SUMMER GETAWAY
IN THE NORTHERN BLACK FOREST TAKES ON
NEWFOUND SIGNIFICANCE.

The Eyach river joyfully ripples between ancient alders and silver willows, creating a natural watercourse bordered by cooling riverside foliage. The water playfully leaps over rocks, forms petite cascades, and releases a mist that refreshes the vibrant green surroundings. A true blessing, especially during the soaring temperatures of summer.

**Even in the heat**, this place offers respite a sanctuary for sweltering days that are becoming increasingly common in Germany. More and more individuals seek out these havens of coolness, small enclaves of forest and wilderness where nature can continue to be itself.

**The Northern Black Forest** is a region bestowed with blessings. It receives a slightly higher amount of precipitation compared to many other parts of Germany. The landscape is crisscrossed by a dense network of natural streams and rivers, with the 18-kilometer-long Eyach standing out as one of the most beautiful and pristine watercourses in the Black Forest.

Accompanying these waterways is a narrow path. Strolling alongside a murmuring brook becomes a rejuvenating experience for body and soul. Here, one can take a deep breath, unwind, leave the hustle and bustle, and the urban heat behind, immersing oneself in an expansive, untarnished landscape that engages all the senses.

**In the secluded valleys** branching off from the Enz and Nagold rivers, numerous watercourses meander through the landscape. The Eyach eventually converges with the Enz, nestled wit-

hin the climatic health resort of Dobel an idyllic natural setting unfolding amidst Black Forest fir trees on a lofty plateau. Accompanied by certified guides, guests embark on brief exploratory journeys, contemplating what truly benefits their well-being and how to fortify their immune systems.

**The advantages of residing** in the Northern Black Forest were recognized even by ancient monks. Close to 900 years ago, the Cistercians arrived in Herrenalb, establishing a monastery where the abundant water sources were utilized for agriculture and fish farming.

**Over time, it became evident** that the water not only flowed generously on the surface but also emanated warmth from the depths. Early on, the dukes of Württemberg traveled to the Teinach valley to be cured by the springs there. The result was a truly royal spa, where people still indulge themselves today.

**Germany characterized** by its high population density, is a tapestry of roads, industrial areas and housing estates. However, this urban landscape gives way to a different reality in the Northern Black Forest. The deeper you get into the landscape, the quieter it becomes. Nothing but fir trees, beech trees and lush meadows for miles. Among the natural forests, some of the last remaining raised bogs in Germany have managed to endure.

**You can literally smell the essence** of the Black Forest in the air around Bad Wildbad. Walk through the canopy of creation on a treetop path. Hardly any other region in Germany has a higher



proportion of forest, interrupted only by small towns, villages and hamlets. Bad Wildbad has been welcoming guests for centuries. Along the winding River Enz, the spa gardens stretch like a verdant English garden. At times, it's easy to lose yourself in the scenery, forgetting that this landscape was once shaped by human hands.

Guests find themselves wandering through the vastness of **the park**, reuniting in the evening as they submerge into the calming waters of the Palais Thermal. This spa is a tale from the Arabian Nights, an ensemble in Moorish style that captivates holidaymakers today just as it did in the past.

Five centuries ago, the renowned physician Paracelsus explored the Nagold valley. In Liebenzell, he encountered several natural springs, noting their beneficial effects in his records. Today, a modern spa there bears his name, and the precious water that emerges from the ground there dates back up to 8,000 years.

**Take a leisurely walk** and engage in contemplation amid SOPHI PARK along the Nagold's banks, where you can reflect on philosophical ideas while admiring complementary sculptures. Delight in a delightful cup of coffee in the historic bathhouse, where the water, emerging at a soothing 26 degrees, embraces visitors from both near and far.

A getaway in the natural beauty of the Northern Black Forest can be truly idyllic, particularly when you ascend the observation tower in Schömberg. Named "Himmelsglück," this 50-meter-high marvel crafted from natural wood offers a moment of serenity. At the summit, you find yourself somehow

elevated above it all. A brisk mountain breeze caresses your senses, birds of prey

gracefully circle above, and the cheerful melodies of birds echo through the branches. It's a moment to pause and relish a landscape where life for a few blissful summer days.

In due course, people discovered that the water not only flows generously on the surface but also emerges warm from the depths.

OVER TIME, IT BECAME EVI-DENT THAT THE WATER NOT ONLY you can temporarily escape the routine of daily FLOWED GENEROUSLY ON THE SURFACE BUT ALSO EMANATED WARMTH FROM THE DEPTHS.







For the well-being of mind and soul.

# WHAT PARACELSUS ALREADY KNEW...

STRESSED? OVERWORKED? EXHAUSTED?

Then it's worth immersing yourself in the sauna and bathing world of the Bad Liebenzell thermal baths. Dating back to 1526, the famous physician and natural philosopher Paracelsus attested to the therapeutic benefits of its springs for "worn-out people". And honestly - aren't we all feeling a bit worn-out these days?







Bubbling, steaming, and splashing abound in every corner: Newly renovated and featuring a revamped spa and sauna area, the Paracelsus-Therme beckons you to unwind for an entire day. For those with less time, consider a 3-hour ticket or take advantage of the after-work special in the evening visiting the impressive rock steam grotto and indulging in soothing massages can easily be accommodated in any timeframe.

Delving even deeper beneath the surface, Manuela Matus' treatments at the Paracelsus Spa offer a heightened level of pampering. In a modern and inviting atmosphere using high-quality natural cosmetics, this beauty expert analyzes the skin and its stress factors before addressing fine hairs, wrinkles, or rejuvenating tired faces with a refreshing treatment. Whether it's sugaring, a moisturizing session, or microdermabrasion, the feel-good factor is inherent in every treatment. Searching for a deluxe escape from everyday life? Look no further than the spa!

### Sauna with a view

Apart from the newly designed spa area, the panorama sauna and the impeccably stylish relaxation room, featuring a contemporary fireplace and designer loungers, stand out as genuine highlights. Both spaces boast



### ALL SPAS AT 1 GLANCE

The one with the panoramic sauna, **Bad Liebenzell**: www.paracelsus-therme.de

The classic sauna, **Bad Herrenalb**: www.siebentaelertherme.de

The Moorish with regal baths, **Bad Wildbad**: www.palais-thermal.de

The modern-puristic sauna of **Bad Teinach**: www.hotel-therme-teinach.de

The particularly family-friendly resort of **Bad Wildbad**: www.bad-wildbad.de/vital-therme

Even more relaxation
All 5 spas in the northern Black Forest
www.mein-schwarzwald.de/aktivitaeten/
wellness-und-gesundheit/thermen/



expansive windows that offer breathtaking views of the verdant forest a visual feast that complements the pure relaxation experienced. In these surroundings, the chest naturally expands, inhaling deep breaths, and stress effortlessly dissipates with each exhale. At the Paracelsus-Therme, it's not just about enjoying a sauna with a view; you also have a direct sightline to the imposing Liebenzell Castle. How about a little excursion to uncover over 1000 years of history?

### Culinary delights are served in the Pinea Pastaria.

You can fully enjoy the fresh Mediterranean cuisine in a cozy, modern ambience. Elevate your experience by booking a wellness breakfast or dinner for a truly special touch a perfect way to commence or conclude a brief getaway in Bad Liebenzell.

Paracelsus would likely have appreciated such an offering. While not known for his overt romanticism (in addition to his healing successes, the itinerant physician was renowned for his critical nature), he grasped as early as the 16th century that the well-being of the mind and soul is integral to bodily health. Paracelsus championed this holistic approach, challenging the medical norms of his time, even if it didn't make him popular in certain circles. Today, however, his work and influence are widely valued, both in Bad Liebenzell and across Europe.

wellness wellness



# LOTS OF WEW THINGS IN THE LAST

THE EAST TRAIL IS ONE OF THREE NORTH-SOUTH LONG-DISTANCE HIKING TRAILS IN THE BLACK FOREST. IT IS NOT AS WELL-KNOWN AS THE WESTWEG, BUT THOSE WHO WALK IT ARE AMAZED AT ITS ENORMOUS VARIETY. ONE STAGE LEADS FROM BAD LIEBENZELL TO OBERHAUGSTETT.

**Unbelievable!** A silver sword is lodged in a wooden block amidst the forest. It seems the executioner left it behind, almost two kilometers above the houses of Calw. This mock execution site was set up for hikers, providing an image that elicits both a smile and a

shudder. According to the informational plaque, schoolchildren were required to participate in beheadings for educational purposes in the past.





**The Ostweg (East Trail) promises an adventure filled with various surprises**. Established in 1903, it was Württemberg's response to Baden's Westweg, which had been designated shortly before. This trail emerged as a rival product following the separation of the Black Forest associations in Baden and Württemberg, a division that persisted until 1934.

**Both trails received dedicated attention**, and in terms of variety and diversity, the Ostweg holds its own against the Westweg. Spanning from Pforzheim to Schaffhausen, this trail entails a continuous series of ascents and descents, tracing the eastern flank of the Black Forest and traversing the Nagold Valley shortly after its commencement.

**Reaching Bad Liebenzell**, where the Monbach merges with the Nagold, marks a captivating journey through nature that now introduces a touch of cultural diversion. Along the route, notable landmarks include the ancient monastery ruins in Hirsau and the Calw market square featuring the house where Hermann Hesse was born.

**Guided by the verses of Hermann Hesse**, the path ascends through the town park. Swiftly, the trail vanishes into the dense Black Forest, and there's little need for navigation as red and black signs have been consistently positioned at nearly every path junction. **The hillsides are adorned** with robust red sandstone slabs, among which the most prominent, the Gimpelstein, has served as a romantic rendezvous for young people for centuries. As you traverse the slope, towering fir and beech trees accompany your journey. Ivy gracefully clings to the roots, and the air is filled with the fragrance of fresh moss and the earthy essence of the forest floor.

**It's a hiking experience that engages all your senses**. While passing through the game reserve on the Wimberg, the grunting of pigs and the cheerful chirping of songbirds surround you. Surprisingly, you reach the plateau and the quaint town of Zavelstein more swiftly than anticipated. A well-deserved break awaits: beneath ancient red oaks at the hiking lodge, you can relish homemade cakes and regional delicacies.

### The eastern trail meanders through the heart of Zavelstein,

eventually leading to the castle. A time-worn brass sign adorned with red and black trail markings is proudly displayed on an archway, underscoring the rich history of the hiking trail that has left its imprint on the weathered sandstone walls.

### The ensuing stretch stands out as one of the most picturesque.

Descending through the forest, it offers breathtaking vistas of the Teinach Valley and the erstwhile court church of the dukes. Centuries of walkers and hikers have left their mark here, evident in the ancient sandstone steps of the Mathilden complex nestled within the woods.

hiking area hiking area

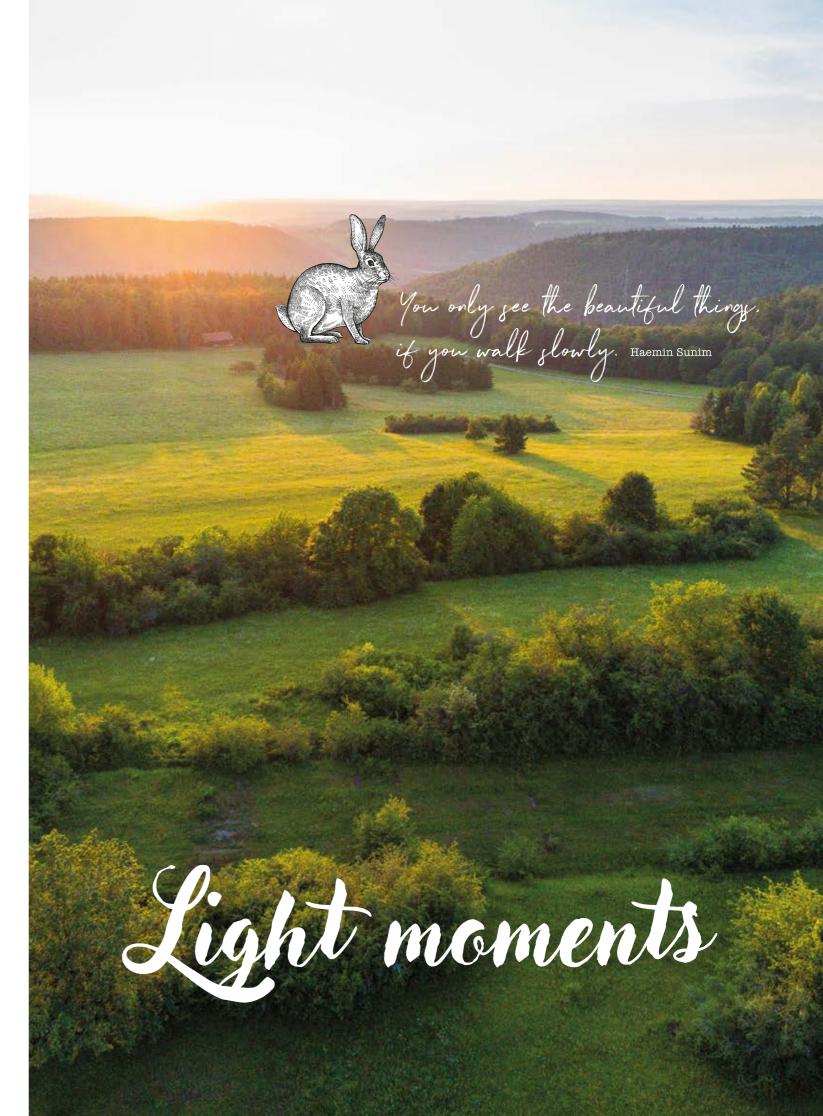
The trail winds its way through the heart of Bad Teinach's spa gardens, passing by a babbling cascade and the billowing steam of thermal water. A forthcoming ascent awaits: along a straight path, you conquer the undulating ridges surrounding Liebelsberg and Neubulach.

**Liebelsberg, a quaint farming village**, unfolds with expansive orchards, boasting cherry and apple trees, along with the lively sounds of chickens and goats. The Neubulach district of Oberhaugstett marks the conclusion of the second leg of the Ostweg, situated 21 kilometers from Bad Liebenzell.

**Should you choose to continue**, you'll eventually encounter the charming Berneck Castle and the picturesque town of Altensteig. In the midst of these landmarks, you traverse miles of uninterrupted nature, sparsely punctuated by larger settlements. "Nothing new in the west" was once the title of a book, but in the east, it is quite the opposite—a long-distance hiking trail that many are unfamiliar with or only know through word of mouth.

Only where you have been on foot have you really been. Johann Wolfgang von Goethe









Wander Welten

## WANDERWELTEN TEINACHTAL

The two new quality trails "Doinich Ursprung / Neuweiler" and "Doinich Ursprung / Neubulach" stand out alongside three other premium hiking trails with a special award for hiking enthusiasts. In addition to natural paths and very good signposting, they inspire with a variety of landscape changes.

The "Doinich Ursprung / Neuweiler" is one of the more challenging tours, where nature and activity go hand in In a captivating contrast, you'll be treated to hand.

which starts at the village square in Neuweiler, could induce a trance-like enchantment! Mysterious and enchanted forests, from which ivy-covered tree trunks rise like competitors in a grand stretch, and colossal trees anchor their formidable roots into the mossy woodland floor. The central character of this trail, the

"Doinich," as the small river Teinach is locally known, contributes to this magical atmosphere. Right from the outset, you encounter its source in the naturally protected spring area. Playfully babbling, it meanders sometimes to the right and then to the left of the path, where grasses and ferns dance gracefully in sync with the wind. At moments, it feels as though you might encounter a mystical mythical creature at any turn.

enchanting vistas of lush meadows when you reach the heights near Breitenberg. Down in Attention! This almost 17-kilometer hike, the valley, the northern Black Forest reveals its historic charm with characteristic farms like the Dachshof and picturesque sawmills such as the Glasmühle and Weikenmühle. Against the backdrop of the dense forest, the giant Black Forest fir trees allow the sun to cast its warm glow, creating a unique and illuminated setting. As you gradually retreat through natural

paths, you'll find yourself immersed once again in the deep green of the forest, heading back to the starting point. Miraculously, a surge of unexpected energy emerges towards the end, especially among the younger participants. This is the moment when the adventure playground, conveniently situated right next to the hiking trail, beckons with opportunities to climb, seesaw, and glide along the Tarzan track. The exertions of the past five hours fade away as you conclude the day together at the cozy barbecue area with a satisfying crispy sausage. However, one thing is certain to linger in your memory: the impressions of a splendid day immersed in the verdant surroundings of the Teinach Valley hiking and wellness region. It's worth giving it a try! After all, hearing about it is not the same as experiencing it firsthand. Quality trail Doinich Ursprung/Neuweiler -Hike " outdooractive.com





IN THE TEINACHTAL HIKING AND WELLNESS REGION, A WHOLE RANGE OF HIKING TRAILS IS WAITING TO BE DISCOVERED AND TAKEN TO HEART. FOR NATURE ENTHUSIASTS SEEKING UNSPOILED LANDSCAPES, THERE IS SOMETHING PERFECTLY SUITED TO EVERY MOOD AND INCLINATION.

The "Doinich Ursprung / Neubulach" is ideal for anyone who wants to indulge in the beauty of the unspoiled landscape on natural paths.

For individuals who want to immerse themselves in a landscape reminiscent of a fantastic fairy tale, the Teinach Valley introduces a new hiking gem: the captivating circular tour "Doinich Ursprung Neubulach" promises a variety of sensual delights with challenging physical activity. The main protagonist of this adventure is the romantic little river Teinach, which inspired the name of the quality hiking trail.

The quality hiking trail, which starts at the Teufelsbrücke hiking parking lot, lives up to its promise. Once you have crossed the "Doinich", the trail leads through the charming and historic town of Bad Teinach with its puristically elegant thermal baths and into the forests of the Teinach Valley. The deep green of the mighty Black Forest fir trees contrasts with sunlit meadows. Moss- and grass-covered paths lead into natural paths over stones, roots and pine cones.

Constant companions along the way: wild bushes, green ferns and the babbling of the lively river. A highlight with heart-stopping potential is the majestic Beilfelsen, from where, after the ascent, you are right in the middle of the magnificent scenery of the Teinach Valley, which unfolds its full beauty here. In the game reserve at the Lautenbachhof, you will come across young deer and, with a bit of luck, proud peacocks. What a wonderfully varied hike! When you return to the starting point after almost four and a half hours and 12 kilometers with a large

portion of happiness, one thing is certain: nature experiences in the Teinachtal hiking and wellness region leave you yearning for more... Doinich Ursprung/Neubulach quality trail -Hike "outdooractive.com



### MORE TOURS IN THE TEINACH VALLEY

### Premium hiking trails:

Water, forest and meadow trail 14.1 km The Teinacher 11.8 km Wolfsgrube 7 km

### **Nature Park Moment tours:**

Moment round Neuweiler Agenbach 8.2 km Moment round Neuweiler Oberkollwangen 11 km Moment loop Bad Teinach Zettelberg 15.2 km

### Hiking hosts in the Northern Black Forest:

www.mein-schwarzwald.de/gastgeber-undangebote/unterkuenfte/wanderbare-gastgeber/

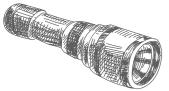
### Further hiking offers on Outdooractive:

www.outdooractive.com/de/landkreis/deutschland, baden-wuerttemberg/noerdlicher-schwarzwald/ 1040081/



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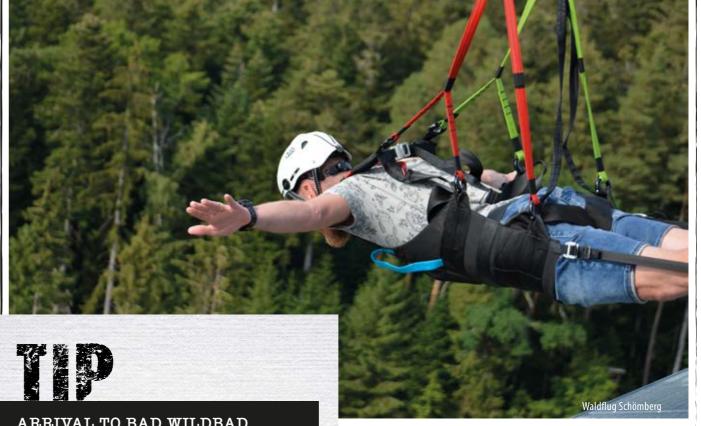
### LOOKING FOR ADVENTURES IN THE NORTHERN BLACK FOREST?

Sommerberg Bad Wildbad - an experience for everyone and the best way, to get there is by public transport!

Driving through the Enz valley, we reach Bad Wildbad, a small town that is almost a gem. Once we arrive in the town center, we take the Sommerbergbahn, Germany's most modern funicular railroad, up to the high plateau of the Sommerberg in ten minutes. Get off and enjoy the wonderful view of Bad Wildbad and the Black Forest. Then start the short family hike along the 1.2 km treetop path. The path to the tower is full of adventure. Climbing, balancing and walking safely across the abyss, you learn a lot about the forest, the flora and the wildlife

of the Black Forest. We approach the 40-metre-high observation tower, which we then walk up gently and take in the spectacular 360-degree view over the endless forests and impressive valleys of the Black Forest. After an impressive break, we take the 55-metre-long, winding tunnel slide from the platform down to the exit. Next to it, is the adventure forest, which makes children's eyes light up. In addition to countless play equipment such as swings, slides and a revolving carousel, the adventure forest offers even more exciting attractions. The green striped air trampoline, the four ropeways and the climbing stations for young and old are particularly special. This almost resembles a small high ropes course - pure fun! The seating and picnic areas are ideal for a relaxed day out

with the whole family. To get another adrenaline kick, we walk a little way to the Wildline suspension bridge. We take a look at the impressive structure from one side before plucking up the courage to venture into the wild heights. Everything shines silver in front of us. A brief queasy feeling comes over us, standing on the bridge and looking down through the bars. But the feeling is unique and the path across the bridge is breathtakingly beautiful. The path leads upwards and the highest point of the bridge at 60 meters forms the hump and at the same time we are on a hanging bridge! You can also feel the slight swaying of the bridge, especially in the middle section. It's even fun and rounds off an adventurous day!



### ARRIVAL TO BAD WILDBAD

If you want to spend more time enjoying the experience instead of waiting in line in your car, we recommend traveling by public transport!

S6 from Pforzheim with terminus at Bad Wildbad Kurpark (runs Mon-Sun every 60 minutes) X63 from Calw via Bad Wildbad to Bad Herrenalb (runs Mon-Sun every 60 minutes)

X78 from Bad Wildbad to Freudenstadt (runs Mon-Sun every 60 minutes) Your way to Bad Wildbad www.bad-wildbad.de

### The Hella Glück-Stollen in Neubulach

We spend the afternoon in the Neubulach visitor mine. "Glückauf" - the traditional greeting here. The miners' old greeting reflects the history of mining. We visit the Hella Glück gallery and enter the cool corridors. The illuminated paths are easy to walk and the guided tour through the tunnels and ore passages with large mining caves in the mountain allows us to experience the old and arduous working world of a medieval mine. Looking at the ore wall, we see the beautiful minerals sparkling in blue and green - impressive! After the 45-minute tour, we make ourselves comfortable in the Stollenklause. For food and drink, while the children let off steam in the playground. We can't miss the bat trail and take the quiet path along the Ziegelsbach stream to the right and left, over the stream and past the beautifully designed information boards. Absolutely worthwhile!

### To Schömberg for happiness

The next day, we make our way to the lucky community of Schömberg. What a beautiful name! On the way to heavenly happiness, we hike the silver fir adventure trail. It is interactively designed for young and old and very educational. The trail leads us along paths and nature trails to the stations and through the fresh forest air. The smell of fir trees is particularly unique! After a good hour, we walk up the short path towards the Himmelsglück observation tower. Of course, we take the stairs with 300 steps, although the panoramic elevator is also very tempting. Once we reach a height of 50 meters, we enjoy the completely new views of the northern Black Forest and the Swabian Alb. Simply a moment of happiness! But how do we get back down? We decide on the Flyling Fox, after all, we are adrenaline junkies. The steel cable is 600 meters long and we fly head first at 60 km/h over the forest to the Schömberg spa gardens. What an adventure! For those who like it a little slower, but are still looking for an adventure, the Flyline is ideal! Hovering through the forest, you reach a speed of 12 km/h and can marvel and enjoy the full three and a half minutes.



experiences experiences



Memories presuppose experiences.

Seibold, Klaus

### **Dizzying experiences**

We wanted to reach lofty heights and test our skills on our vacation! We got our first thrill at the Nagold high ropes course. With over 95 different exercises for climbing, hanging and driving, there is something for the whole family. The free-standing design gives you a wonderful view over the northern Black Forest to the Swabian Alb. We enjoy the fast cable cars and have a lot of fun. The second thrill is in the Enzklösterle forest climbing garden. Here, too, concentration and excitement, balance and skill are required. The mega zip line and especially the free fall get our adrenaline pumping! It's wonderful to climb and balance between the trees. Last but not least, we visit the Kaltenbronn information center.

### Experiences in nature that is particularly worth protecting

A nature museum with an experiential character with themed rooms in the permanent exhibition "Nature at Kaltenbronn" means touching and getting active. The extreme climate and the complex history of the landscape make the protected raised bog habitat so unique and diverse. We can't stop seeing, marveling and understanding! Past millennia and their contemporary witnesses in the raised bog, the development of animals and plants become visible. A visit to the Kaltenbronn Information Center is always special for us as a family. A little tip: They also offer guided hikes, natural history excursions, children's programs, family days in the special exhibition, lectures and multiplier training courses. The Kaltenbronn Information Center is also a great starting point for adventure hikes! The most important thing for the nature reserve: stay on the signposted paths, take the impressions of the landscape with you... and your garbage!





### ARRIVAL KALTENBRONN

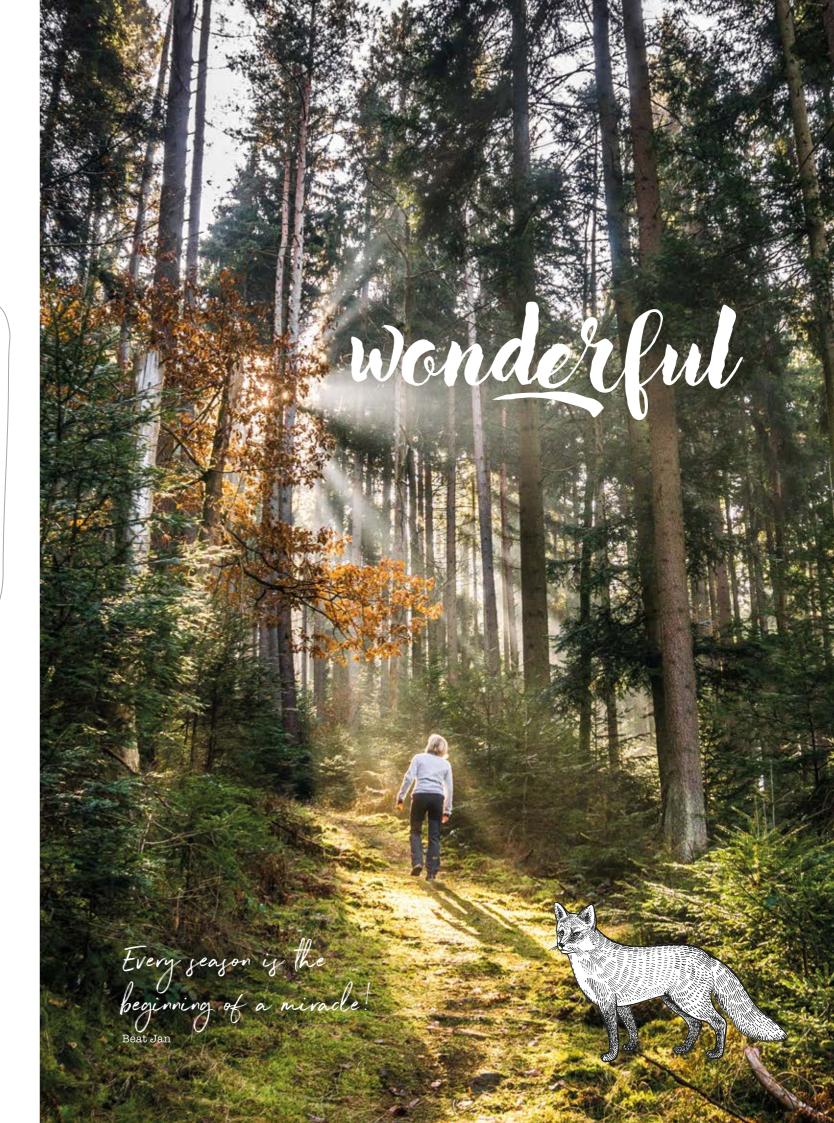
In Kaltenbronn there is a risk of absolute traffic chaos, so please travel by public transport:

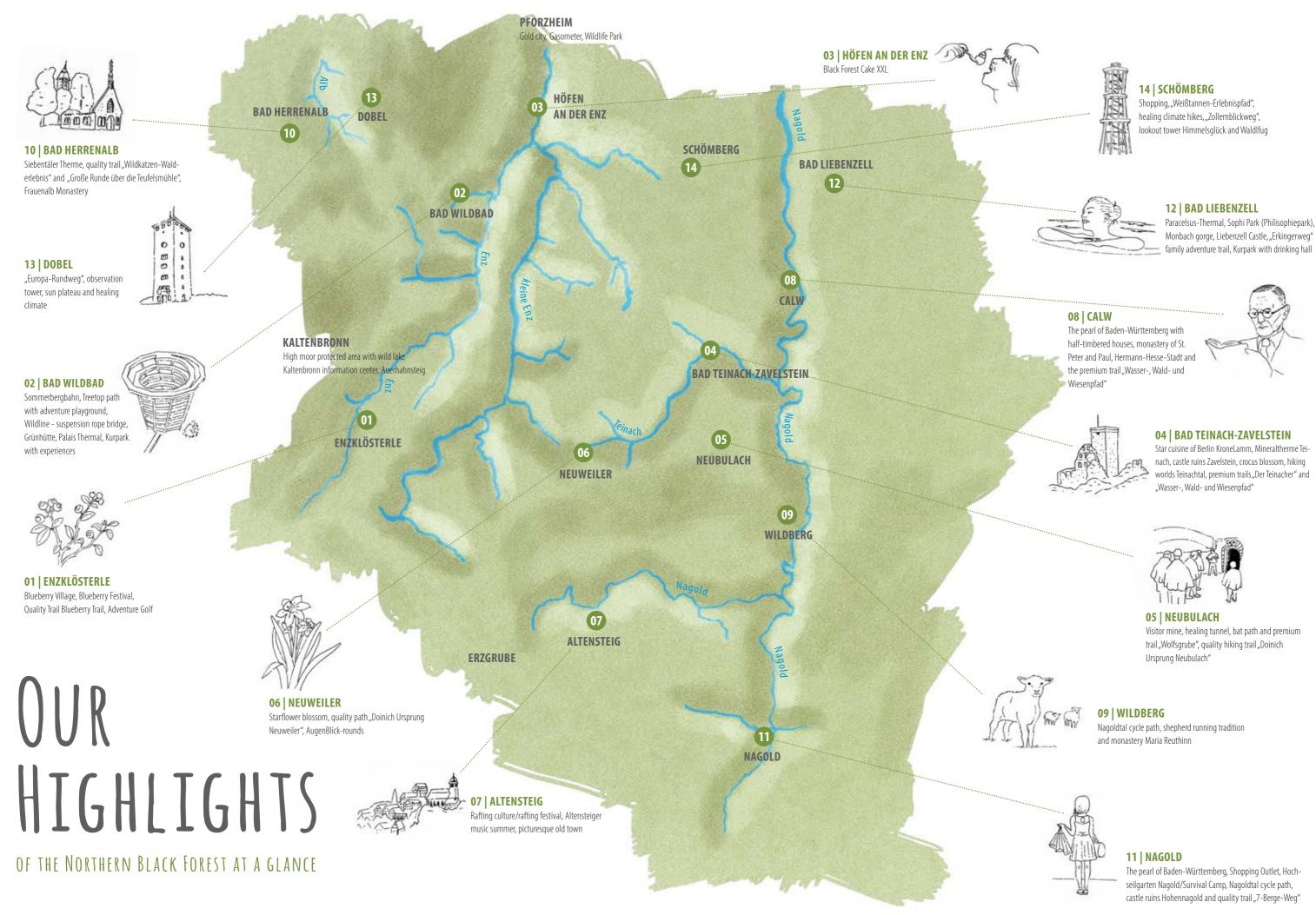
F20 from Altensteig to Kaltenbronn
(Sat & Sun every 2 hours between 10 am and 6 pm)
722 from Bad Wildbad to Kaltenbronn
(5 times a day from Mon-Sun)
X78 + F20 (only with change in Sprollenhaus)
242 (KVV) from Gernsbach to the Kaltenbronn

Discover many more experiences:









2 highlights 2



### FOOTSTEPS OF THE SHEPHERDS

JULE BAUER IS THE YOUNG BRAND AMBASSADOR OF THE WILDBERGER SCHÄFERLAUF, WHO POSED FOR THE SHEPHERD TOWN IN THE DISTRICT OF CALW AT THE AGE OF SIX AND, AS A SUCCESS-FUL YOUNG BREEDER, REPRESENTED THE PROFESSION FOR THE FIRST TIME AT THE MAIN AGRICULTURAL FESTIVAL AT THE CANNSTATTER WASEN IN STUTTGART AT THE AGE OF ELEVEN.

Who doesn't know her? Jule is the blonde girl who, together with her favorite sheep Rila, has not only adorned the oversized poster for the Shepherd's Run in her home town of Wildberg for many years, but also the brochures. "I was still little back then," says the now eleven-year-old, who remembers "my father packing me and my favorite sheep into the car to take photos in the Wildberg monastery." That was six years ago. And the reason was simple: "After

more than 40 years, the town was looking for a new motif for the Shepherd's Run," says father Karl-Martin Bauer.

**Together with his wife Nina,** a trained animal farmer, the master farmer is the eighth generation to run a sheep farm that focuses on breeding Merino sheep. And there is a very special reason for this. Duke Ulrich of Württemberg banned the keeping of Zaupel sheep,

which were susceptible to disease and only produced low wool yields. The import of a total of 104 Spanish and French Merino sheep in the fall of 1786 laid the foundation for the development of an independent breed of sheep, the Württemberg sheep. In 1915, the breed name "Württembergisch veredeltes Landschaf" (Württemberg refined country sheep) was established for it, which is characterized by "a well-formed body and a high wool yield"

and is now a protected trademark as "Württemberger Lamm". Karl-Martin Bauer pays meticulous attention to the distinctive characteristics of his sheep, as evidenced by numerous awards. The shepherd also travels around Wildberg to keep the slopes clear with his sheep as a nature and landscape conservationist. Mind you – with his sheep. Because there are also classic "runaways", which now have a special status thanks to the care and attention of his daughter Jule.

"I grew up with Rila," explains Jule proudly, stroking her favorite animal, which has a particularly soft coat. "Rila has very straight legs and could be at the top of the stud book," says the teenager, who would rather spend her time in the stable and yard than doing housework. "Could" is the magic word that keeps her beloved four-legged friend from being bred, but is there anything better than having gained one of your best friends for life? "I raised Rila with a bottle," says Jule, who is completely focused on her darling. "Back then, Jule was just four years old and almost impossible to get out of the stable," says her father, adding with a mischievous smile on his face: "And almost nothing has changed to this day." In addition to school in Neubulach, Jule's life still revolves around the farm and the sheepfold. "I want to be a shepherd," is the clear tenor of the Wildberg native, who even took part in the shepherd run for the first time in 2022 and who is just as passionate about the tradition of the customs and heritage festival as the family's breeding farm.

**She grew up with animals from** an early age and was given responsibility early on in her life for a young lamb that would not accept milk from its mother. In the meantime, the range of tasks has grown, because in addition to Rila, Sindy, Nila and Fenja are also "her" sheep. "I look after them and they even listen to me". Not without pride, father Bauer reports on his daughter's keen instinct, who devotes herself to the animals with a lot of patience, love and affection. "Jule raised all four sheep with the Schoppele, so they are now her animals." Compared to four other sheep in the barn, these are allowed to roam freely around the farm, while four others must first be tamed and prepared for the main tests by the Baden-Württemberg State Sheep Breeding Association.

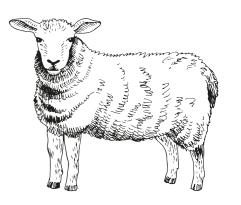
"They are slowly getting used to the halter," reports Jule, who has already chosen a new favorite and given the 2018-born sheep the nickname "Mouse", "because it is so adaptive." On Sheep Day at the main agricultural festival, everything for the teenager revolves around the Württemberg four-legged friends, which compete with many other breeds as Merino Land sheep. The young girl thus demonstrates her courage and passion for a profession that she would like to pursue in the ninth generation of the family business in the future. Both an incentive and an obligation are the badges acquired for the Merino sheep breeding farm and the addition "Schäferlaufstadt", which has only recently appeared on the town signs.

Autor: Sabine Zoller









adventures 25









# CYCLE AND ENJOY



THE NATURE PARK CYCLE PATH IS FOR THOSE WHO ENJOY THE COUNTRYSIDE. A NEW, WELL-SIGNPOSTED LONG-DISTANCE CYCLE ROUTE THROUGH PICTURESQUE VILLAGES, DEEP FORESTS AND SECLUDED VALLEYS.



Nothing compares to the simple joy of viding a bike.

ALL BIKE TOURS

Here you can find all cycle tours in the Northern Black Forest: www.mein-schwarzwald.de/ aktivitaeten/radfahren/



**Another bend and another.** Curve after curve, the forest path winds its way upwards. A thin strip of asphalt forms its surface, large firs, spruces and beeches cast their cooling shadows. The birds chirp and the leaves rustle. No civilization noise disturbs this idyll, the forest road is closed to general traffic.

The ascent from Enztal up to Grünhütte is a tough one.
A good five-kilome-

ter climb through the

A CIRCULAR TOUR THROUGH THE MOST BEAUTIFUL LANDSCAPES OF THE NORTHERN AND CENTRAL BLACK FOREST.

middle of the deep Black Forest. If you have an e-bike, you have a clear advantage, but if you don't, you need a bit of stamina. But the journey is worth it. An excursion into nature, which somehow seems endless here. A little escape into a world that is free from the stimuli of a constantly noisy civil society.

**Then there it is, the forest guesthouse**, picturesquely built into a clearing. The dream of many hikers and cyclists, who now put their bikes aside and take a long break at the Grünhütte. Delicious Maultaschen (ravioli) and chanterelles with bread dumplings are served here, but the blueberry pancakes are the real hit. They taste twice as good after an exertion.

The nature park cycle path is 260 kilometers long. A circular tour through the most beautiful landscapes of the northern and central Black Forest. It is one of the 21 outstanding long-distance cycle routes in Baden-Württemberg. The section over the mountain ranges around the Bad Wildbad Grünhütte is one of the most beautiful.

Before that, you can enjoy the Enz val-

**ley.** You cycled from Höfen towards Calmbach, accompanied by the gentle rippling of a river that raftsmen once used for their boat trips. Information boards from the nature park with maps and tips for

the surrounding area appear again and again.

**In Calmbach, you turn right** up the slope and continue along an old mountain road to Bad Wildbad. The yellow S-Bahn train whizzes along at the bottom, a sign of how well connected the area is and how easy it is for cyclists who no longer feel like pedaling to return.

**Through traffic in Bad Wildbad** passes through the tunnel. The old main road along the Enz is now reserved for pedestrians, cyclists and the light rail. People sit on the banks of the river drinking coffee, chatting happily and enjoying the delicacies. It's a sight to behold!

outdoor

### The nature park cycle path continues along the spa gardens.

The green spaces meander along the banks of the Enz like a small English garden. A sophisticated combination of nature and culture, landscaped garden elements and wildly romantic sections.

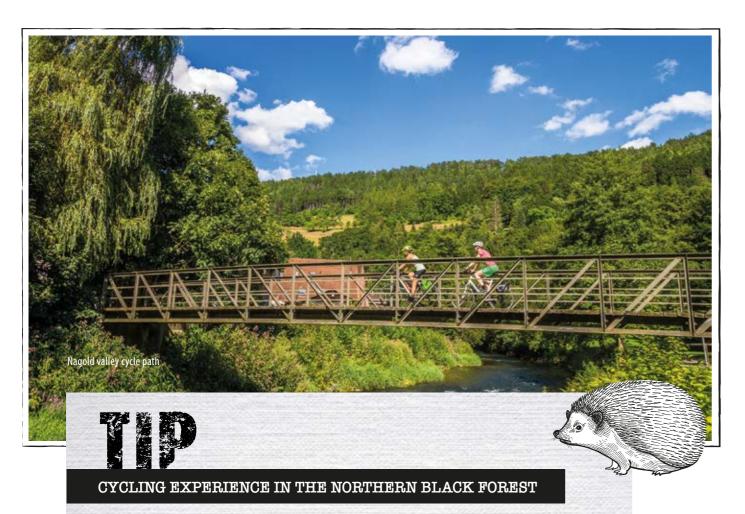
**It is this wonderful mixture** that makes up the nature park cycle path. Anyone who rides it experiences the entire diversity of the region, its originality and vastness, which at some point is only interrupted by small hamlets. From the Grünhütte it is just a stone's throw to the Wildseemoor. If you continue along the nature park cycle path, you will eventually reach Besenfeld, Freudenstadt and the Kinzig valley.

### The nature park cycle path was recently awarded three stars

by the ADFC. A seal of quality that is no coincidence: the signposting is seamless and the route is optimal. The ascent to the Grünhütte has been redesigned and the path over the popular Sommerberg has been replaced by the picturesque forest road.

### The nature park cycle path can be used from both directions.

There are plenty of charging stations along the route, so that e-bikers can also switch on their charging aids in a relaxed manner. Incidentally, it is great fun to ride back down the forest path from the Grünhütte to the Enz valley: A descent to fall in love with, at least as enjoyable as a complete blueberry pancake.



### The valley tour

From Bad Liebenzell via Altensteig to Bad Wildbad and from there via Pforzheim back to Bad Liebenzell. The valley loop thus combines the Nagoldtal and Enztal cycle paths into one large loop.

The Northern Black Forest offers many other exciting and eventful cycle paths. You can find them here: https://www.mein-schwarzwald.de/aktivitaeten/radfahren/









## 3 BROTHERS, 2 HOTELS 1 VISION OSCARS HOTEL 1415 THE NEW HOTEL IN BAD LIEBENZELL

### Oscars - the new hotel in Bad Lieben-

**zell** - is located between the idyllic spa park with its 300-year-old avenue of lime trees, the colorful flower gardens and the SOPHI PARK. It is a magnificent half-timbered building with a striking red and white coat of paint. Beautiful balconies on the park side, framed by wonderfully green Black Forest nature. Since 2020, it has been completely renovated by the town of Bad Liebenzell. There are currently 23 rooms ready for guests to move into. Another 5 rooms will be added in the future - the third floor is still being renovated. The furniture is of high quality throughout. Great importance was attached to regional craftsmen, such as the carpentry work of the Kalmbach company from Simmersfeld, which produced and installed custom-made wall paneling. The floor is a natural oak parguet and makes the atmosphere throughout the hotel particularly warm and friendly. According to Raphael Koch, the style can be described a little like the photographs by artist Sebastian Wehrle. Traditional elements of the Black Forest interpreted in a modern way!

**From December 2022**, Oscars will be run by the three brothers Raphael, Patrick and Christopher Koch. The three are no strangers to the town. The Koch family has been active as hosts in Bad Liebenzell since the 19th century. Oscar Koch

opened the Untere Badhotel in 1870, the current location of the Paracelsus-Therme. The new hotel was once the Upper Badhotel and is the oldest accommodation facility in Bad Liebenzell mentioned in a document from 1415. The name of the new hotel is therefore a combination of the first name of the founding father of the Koch family and a historical event.

### Raphael, Patrick and Christopher Koch

are the 5th generation to carry on the family tradition. From an early age, they have been involved in the work of their parents, who have been running the Hotel Koch in the city center since 1960. The guest rooms were therefore also the boys' place of residence and playroom. However, all three of them initially went into completely different industries. Today, they are returning to the hospitality industry with a great passion for it. They are following in the footsteps of their parents and previous generations and are continuing what they started with passion. According to Patrick Koch, a special feature of the new Oscars will be the family feel. Guests should feel this and feel at home at all times. Regional ingredients will be used in the kitchen. Freshly caught trout from the Nagold, Angus beef from the farmer in Bieselsberg, 3-4 course menus that change daily. Vegan - vegetarian and regional, according to the

brothers' idea. On top of this, there is a hotel bar, which is also intended to serve as a meeting place for Liebenzell residents.

### The three of them have been proving

that they have what it takes to run a hotel together since they took over the Hotel Koch from their parents at the beginning of 2022. And they are ready for more challenges!

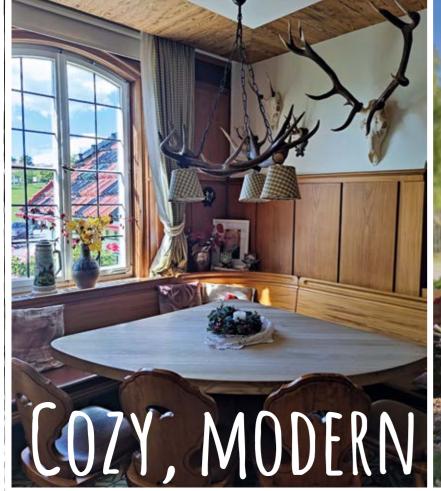




OSCARS HOTEL 1415

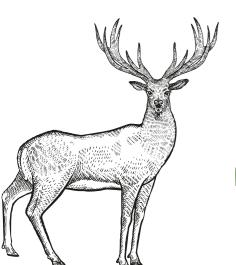
Am Kurpark 1 75378 Bad Liebenzell Phone +497052-934140 www.oscars1415.de

B outdoor culinary





## COUNTRY INN RUN WITH HEART AND SOUL



AS YOU WIND YOUR WAY UP THE WINDING COUNTRY ROAD, THE OLD POSTAL ROUTE TO PFORZHEIM FROM THE NAGOLDTAL VALLEY, THE COLORFUL LANDGASTHOF HIRSCH APPEARS ON YOUR RIGHT.

**With its striking red and green**, it immediately catches the eye and makes you want to stop and take a break. The 120-year-old Land-gasthof Hirsch, now run by the 5th generation, seems to have a special appeal. The hosts, the Kirn and Kaufmann families, immediately show a warm welcome to their guests and a passion for their country inn.

Special emphasis is placed on a cozy atmosphere. The senior manager is responsible for the many colorful arrangements, who also takes great care of the many guests and is the soul that holds the family business together.







THE HOSTS, THE KIRN AND KAUFMANN FAMILIES,
ARE IMMEDIATELY WARM AND WELCOMING

The restaurant itself, like the exterior facade, is decorated in shades of red and green. The beautifully upholstered benches and chairs and the color-coordinated cushions invite you to linger in comfort. Stylish, chic and authentically designed in Black Forest style with frequent references to the "pet", the stag, give guests an absolute feeling of well-being.

The culinary concept of the Landgasthof Hirsch is based on regionality, in particular the preparation of tasty dishes from grazing cattle from neighboring farmers and, due to the hunting passion of one of the two chefs, from local game. The kitchen attaches great importance to fresh food with few additives, which they purchase from regional farmers and traders. Guests particularly appreciate the hand-scraped spaetzle, the delicious almond fritters and the tasty roast beef. Traditional dishes such as Maultaschen and lentils are also very popular with guests.

**The Landgasthof offers** a total of 18 rooms for overnight guests, each designed in its own homely style. Cyclists also like to stay here and can enjoy varied tours, e.g. on the Enz and Nagold Valley cycle paths.

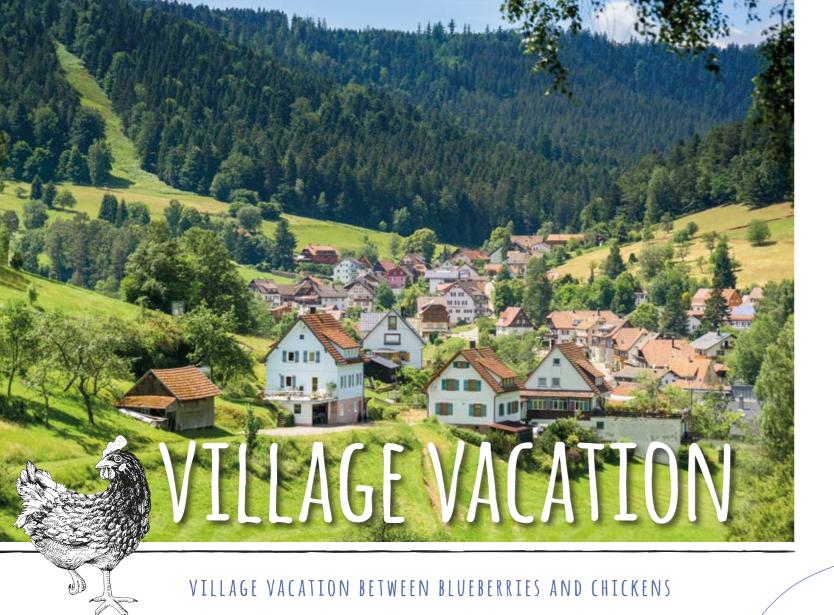
Many guests appreciate the warmhearted welcome, the caring attitude and the ability to listen to personal details, which often leads to them becoming regular customers. The successful concept of the family business is a balanced cooperation, one wheel fits into the other, but everyone has the wellbeing of the guests at heart. They try to fulfill special requests. In the rapidly changing restaurant industry (shortage of skilled workers, energy crisis, coronavirus pandemic), flexibility is also required. Obviously in the restorations that have taken place and the design of a uniquely large terrace. In particular, the family tradition that has existed for generations creates a cohesion, including among the nex

generation, which makes it very likely that the country inn will continue to exist.

Landgasthof Hirsch Simmersfelder Straße 24 72213 Altensteig-Überberg www.hirsch-altensteig.de



culinary



Happy chickens frolicking in flowering meadows between cows, babbling fountains and a baker cheerfully handing over his freshly baked bread. Village sounds idyllic. Like homemade jam from grandma and familiar faces at the regulars' table. The good news is that villages really are like that - and can now be experienced up close by guests in the small village of Enzklösterle

When the forester invites you on a hike to a mountain hut and the jar of honey on the breakfast table has been collected by local bees, city life is far away. Swapped for untouched nature, small streams and wonderfully clear air.

There are no fast food chains here, but there is plenty of slow food. Regional and local delicacies vie for guests' favor. Cafés tempt you with blueberry tart and organic blueberry tea. Restaurants serve up what the surrounding coun-

tryside has to offer. Roast wild boar, venison stew, fresh trout from the Enz valley. Blueberry pancakes, wild herb salad and, of course, Black Forest ham! High proof spirits from the region are served as a digestif.

Some specialties can be tasted in courses or prepared by yourself. Want to look over the shoulder of a ham smoker? Create the world-famous Black Forest gateau yourself? Pick blueberries for dessert with your own hands in the forest? - You can experience all of this in Enzklösterle.

### Short distances, even into the hearts of the villagers

Most distances in Enzklösterle are short. You can stroll from the adventure mini-golf course in the village center to the 'Heidelbeer-Stammtisch', where you can enjoy coffee and cake. The corner store "Schinkenhäusle" sells traditional

black forest ham and everyday items; at the fire department festival, the regional beer tastes just as good to guests as it does to locals.

From the Kurpark, the trail ,Auf Jockeles Spuren' takes you back to the bygone era of the raftsmen. Other trades typical of the region are brought back to life in the Mill Museum and the Rußhütte. Wilder? It gets wilder on the nearby summer toboggan run and on forest tours





DORF urlaub

### Cozy living, barbecues with the host

fruit for the ,blueberry village' of Enzklösterle is explained.

Whether planned as a family vacation, a sports weekend or a relaxing break: every visitor feels welcome in the vacation apartments and houses of the ,Dorfurlaub' hosts. This is partly due to the warm welcome from the hosts and partly due to the typical Black Forest look of the accommodation. With wooden balconies and paneling, they already look homely from the outside. Wood from the region is also an important theme inside, often combined with stone and a cozy fireplace.

Whether the apartment is furnished in a classic or modern rustic style, there is always plenty of space and a family atmosphere! "You simply feel like you belong," enthuses Hannah Winz, head of the local tourist office. Those who have, put homemade food on the table. "Many hosts put on a nice supporting program. Some even barbecue together with their guests in the evening" – and if the children are the same age, a playmate is quickly found. Vacations with a family connection and regional delights: there is no more authentic way to book your vacation in the northern Black Forest.



### VILLAGE VACATION GUESTHOUSES

### Schwarzwaldhaus Zwink

www.schwarzwaldhaus-zwink.de

### Ferienhaus Enztalblick

www.ferienhaus-enztalblick.de

### Ferienhaus Enzquelle

www.ferienhaus-enzquelle.de

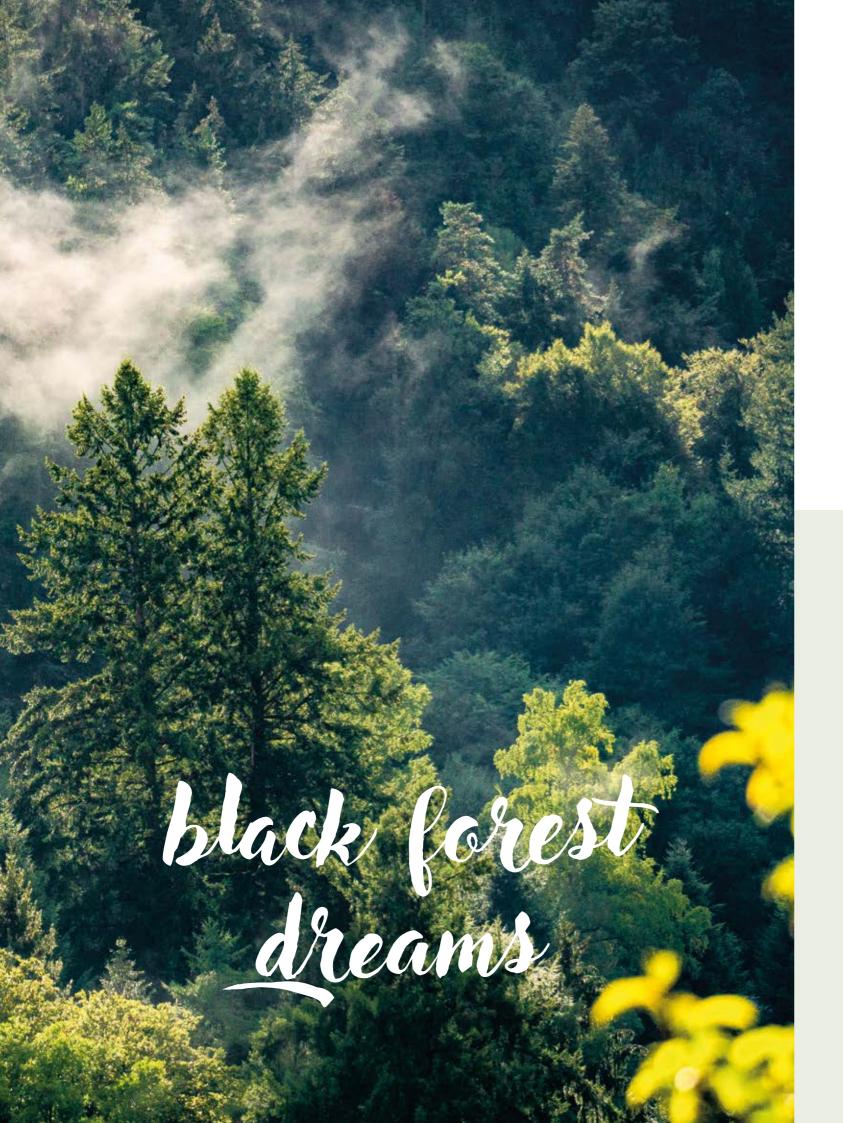
### Haus Hubertus Enzklösterle

www.haus-hubertus-enzklösterle.de

### Schwarzwaldhaus Enzklösterle

www.schwarzwald-ferienhaus.net

wellness





### TOUR PLANNER

Find inspiration and a large selection of tours in the Northern Black Forest on our tour portals in **Outdooractive and Komoot** 



Mein Schwarzwald (outdooractive.com)



Nördlicher Schwarzwald (komoot.de)



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Accommodation in the Black Forest - find guesthouses, hotels and much more! (my-blackforest.com)



### COMPANY DETAILS



### THIS IS WHAT WE STAND FOR:

- Careful use of our resources
- Respect for nature and promotion of environmental projects such as sustainability in the theme of Blooming Nature Park and orchard meadows

### HOW TO REACH US:

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Image sources: Alexander Kijak, Naturpark Schwarzwald Mitte/Nord, municipalities and towns Calw district, Locher Fotodesign & Manufaktur, Ann-Catherine Waidelich, Hotel ibis Styles Nagold, Hotel Oscars1415, Evelyn Narusco, Landgasthof Hirsch Altensteig, Clara Heger, Infozentrum Kaltenbronn, Sabine Zoller, Jan Walter, Adobe Stock Photo Page 18 | Illustrations Adobe Stock, back picture municipality of Schömberg

**Highlight card / illustrations:** www.straesser-werbung.de

**Pressure:** CO2-neutral pressure | Hinckel pressure ⋅ Obere Grüben 14 ⋅ D-97877 Wertheim ⋅ www.hinckel. de

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